

# JOHN H. WALKER MIDDLE SCHOOL

325 FRANKLIN AVENUE  
NUTLEY, NEW JERSEY 07110

MR. JOHN CALICCHIO  
Principal

TELEPHONE  
(973) 661-8871

FAX  
(973) 320-8478

Dear Parent/Guardian:

The State Board of Education has mandated that all public schools adopt and teach "Family Life Education."

Attached you will find an outline of the "Family Life Program" adopted by the Nutley Board of Education.

There are three segments of the program:

1. Grades K-6
2. Grades 7-8
3. Grades 9-12

You have received that segment of the program that your child will be taught.

## EXCUSAL CLAUSE

Of great importance is the requirement that local boards of education establish procedures whereby any pupil whose parent or guardian presents the school principal a signed statement that any part of the instruction in family life education is in conflict with his/her conscience, or sincerely held moral or religious beliefs, shall be excused from that portion of the course, with no penalties as to credit or graduation. This portion of the rule draws its language from N.J.S.A. 18A:35-4.7, which extends the right to request excusal of a child from any health, family life or sex education class to which the parent has moral or religious objections.

If you have any questions regarding this program, please feel free to call at 973-661-8871.

Sincerely,

John Calicchio  
Principal

NUTLEY PUBLIC SCHOOLS  
Nutley, New Jersey

CURRICULUM PROFICIENCIES

Course Title: Family Life

Grades 7-8

I. Text

Health for Life: Scott Foresman and Company, Glenview, IL 1990  
Richmond, Julius, M.D., Corbin Charles, Ph.D.

II. Evaluation & Grading

1. Tests
2. Quizzes
3. Homework
4. Class Participation
5. Attendance
6. Other

III. Home Study

Written and/or study work will be assigned.

IV. Course Proficiencies

Upon completion of the course the student will:

1. Describe physical, emotional, and social changes of adolescence.
2. Describe the human reproductive system and the changes that occur at puberty.
3. Describe and discuss emotions that lead to feelings of affection.
4. Discuss the risk and consequences of teen parenthood.
5. Discuss the consequences of early sexual activity.
6. Develop strategies to support sexual abstinence and compare and contrast methods of contraception to reduce high-risk behavior.
7. Discuss how the media affects sexual behavior.
8. Discuss the theories of human personality development.
9. Describe changes at each stage of human development and the role human sexuality plays.
10. Describe the changes in personal relationships.
11. Discuss the responsibilities of parenthood.

## GRADES 7-8

### GOALS

### OBJECTIVES

#### Growth and Development

- LWDAT – describe how genes are composed of the sex cell of each parent.
- LWDAT – describe the type and number of chromosomes that determine the sex of the human embryo.
- LWDAT – identify the anatomical and physiological differences between the human male and female.
- LWDAT – identify the significant changes that take place during puberty.
- LWDAT – identify the stages of the menstrual cycle.
- LWDAT – recognize the first male ejaculation as a sign of the ability to reproduce.

#### Interpersonal Relationships

- LWDAT – describe the traits that make up healthy individuals.
- LWDAT – compare and contrast healthy and unhealthy relationships.

#### The importance of family, friends, and respect for others

- LWDAT – define friendship.
- LWDAT – discuss factors that friendships are based upon.
- LWDAT – describe the importance of self-respect and the respect for others.

#### Different types of family structures

- LWDAT – identify various types of family structures.

Media and gender stereotypes

Physical emotional, and social changes of adolescence

Feelings of love, attraction, affection, and commitment

Factors necessary to support friendships and marriage

Teenage Parenthood

Impact of early sexual activity

Compare and contrast methods of contraception and sexual abstinence

Media and its effects on sexual behavior

- LWDAT – discuss the various family structures throughout the world.
- LWDAT – discuss the effects of the media and society on stereotypes and gender roles.
- LWDAT – discuss how differences in growth rate and physical appearance may lead to different peer acceptance.
- LWDAT – discuss the emotional and social changes of adolescence.
- LWDAT – define love, attraction, affection, and commitment.
- LWDAT – discuss how trust, honesty, and values can support relationships.
- LWDAT – discuss the impact of teenage parenthood on the teen, parent, and society.
- LWDAT – discuss the physical, emotional, and social consequences of early sexual activity.
- LWDAT – discuss strategies to promote sexual abstinence.
- LWDAT – discuss, compare, and contrast available contraceptive methods.
- LWDAT – analyze sexual messages found in today's media.
- LWDAT – discuss media and its effects on sexual behavior.

Theoretical models of human personality development

- LWDAT – develop an awareness for the various models of human personality development.

Human development and sexuality throughout the life cycle

- LWDAT – describe the physical, emotional, and social aspects of human development and sexual growth.

The scope of personal relationships

- LWDAT – compare and contrast the broad spectrum of personal relationships.

Analyze responsibilities of parenthood

- LWDAT – describe the responsibilities, demands, and challenges of parenthood.

Parenting Skills

- LWDAT – discuss safe and effective parenting skills.

Sexual orientation, harassment, assault, and domestic violence

- LWDAT – discuss the different sexual orientations and recognize the need for respect and tolerance of these differences.
- LWDAT – identify what constitutes sexual harassment.
- LWDAT – identify the similarities and clarify the differences between “flirting” and sexual harassment.
- LWDAT – discuss sexual assault with emphasis on non-consensual sexual contact and “date rape”.
- LWDAT – identify what domestic violence is and its effect on all family members.
- LWDAT – compare and contrast risk reduction and prevention strategies, including sexual abstinence, monogamy, and methods of contraception.

Sexual activity and risk reduction and prevention

Resources addressing reproductive health and legal issues

- LWDAT – identify resources that provide information, assistance, and care in addressing sexual and reproductive health and legal issues.

## NEW JERSEY CORE CONTENT STANDARDS FOR FAMILY LIFE

- 2.1 All students will learn concepts of health promotion, disease, prevention, and health enhancing behaviors.
- 2.2 All students will learn health-enhancing personal, interpersonal, and life skills.
- 2.3 All students will learn the biological, social, cultural, and psychological aspects of human sexuality and family life.
- 2.4 All students will learn and apply movement concepts and skills that foster participation in physical activities throughout life.

## NUTLEY PUBLIC SCHOOLS

### STANDARDS – FAMILY LIFE

#### District and School Educational Objectives and Standards (NJAC 6:8-3.3)

Educational objectives are contained in all courses of study in the Nutley School District. The district's standard of proficiency shall be that 80% of all students will successfully meet 70% of all courses of study objectives. Measurement of pupil proficiency shall be based on teacher made tests, publishers' tests, departmental examinations (high school), various standardized tests, student completion of assignments, and teacher judgment.

Family Life curriculum objectives are contained in the course of study guide and these objectives relate to district educational goals.

Family Life Audio – Visual Materials  
K-12

Addicted Brain, Films for the Humanities

AIDS: Allie's Story, AIMS

AIDS: Answers for Everyone, American Medical Video

AIDS – Spread Facts Not Fear, Hoffman-La Roche

Alcohol and the Family: Breaking the Chain, Films for the Humanities & Science

All-Nighter, Direct Cinema Limited

Better Safe Than Sorry Vol. I, Learning Seed

Better Safe Than Sorry Vol. II, Learning Seed

Breaking Up Is Hard To Do, Pleasantville Media

Building Self-Confidence, Sunburst Communications

Careers in Health Services, Guidance Associates

Care for Two: Baby and You, Proctor and Gamble

Chlamydia, AIMS

Child Abuse: Breaking the Cycle, Sunburst

Child Abuse and Neglect, Parents Magazine Films

Contraception: Know Your Options, American Medical Communication

Coping with Adolescence, Paul S. Lalley

Counseling Patients with Yeast Infection, Ortho

Date Rape: Violence Between Friends, American School Publishers

Decisions, Decisions: What's a Teenager to do?, Sandra Lee Smith

Divorce: The Teenager's Perspective, Teacher's Video Exchange

The Doctor is in . . . Pregnancy and Substance Abuse, Films for the Humanities

Don't Get It: Teenagers and AIDS, Human Relations Media

Don't Get It: Teenagers and AIDS, Sunburst

Family, Films for the Humanities

Feelings Grow, Too, Sunburst

Feelings Grow, Too, Jean Robbins

Fetal Alcohol Syndrome and Other Drug Use During Pregnancy, Films for Humanities & Science

Friends Who Care Disability Program, Sunburst

The Game of Your Life, Sunburst

Genetics: How Life Remakes Life, Sunburst

Giving Birth to Your Baby, Vida Health Communications

The Glitter: Sex, Drugs and the Media, Human Relations Media, Inc.

The Group and You: Handling the Pressures, Sunburst

Hard Choices, Life Touch

Health Careers: A World of Opportunities, Sunburst Communications

Herpes, Creative Media Group

He's No Hero, Intermedia

How Not To Make A Baby, Human Relations Media

How to Make Good Decisions, Sunburst

Human Reproduction: What You Should Know, Guidance Associates, Inc.

If It Happens To You . . . Coping Strategies For Young People, Sunburst

I Live In An Alcoholic Family, Sunburst

Is it Sexual Harassment?, Cambridge Educational

It Can Happen to You: Adolescents and AIDS, Sandra L. Knudsen

Just Wait, Womanity

Learning To Say No, Sunburst

Let's Talk About Aids, Learning Seed

Miracle of Life, WGBH Boston

The New Improved Me: Understanding Your Body, Sunburst Communication

The New Me: Accepting Body Change, Carolyn Vanderslice

The New Me: Accepting Body Changes, Sunburst

Not My Problem, Barr Films

Pregnancy and Substance Abuse, Films for the Humanities and Science

Real People: Teens Who Choose Abstinence, Sunburst Communication

Reproductive Systems, National Geographic Society

Risk-Taking and You, Human Relations Media

Self-Concept: How I Know Who I Am, Sunburst Communications

Setting Your Own Limits: Decision Making and Sex, Human Relations Media

Sex Education a Comprehensive Video, Human Relation Media

Sex Ed at School and at Home: Program 6, Lauren O'Neill

Sexual Roulette: So Much To Lose, CDS Church

Sexually Transmitted Diseases: An Update, Jean Robbins

"Sexy" Transmitted Diseases, Edco Health Inc.

Straight Talk, Lifetime Learning Systems, Inc.